

## **Adult – Abdominal Assessment**

**Course Description:** Abdominal Assessment utilizes the “look, listen and feel” approach via the 4 quadrant grid. This module also compares and differentiates normal bowel sounds, paralytic ileus, and the ramifications of absent bowel sounds. Abdominal Assessment is a great tool for nurses wishing to gain confidence in their physical assessment skills, or as a refresher course for nurses re-entering the clinical arena.

### **Course Objectives:**

- Identify the four quadrants in the abdominal assessment and their underlying organs
- Differentiate hypoactive, hyperactive, and high-pitched bowel sounds
- Explain the urgency of intervention with absent bowel sounds
- Describe paralytic ileus
- Discuss components of the genitourinary and reproductive systems in relation to abdominal assessment