

Adult – Understanding Electrolytes

Course Description: This module is a comprehensive guide to understanding electrolytes and their role in maintaining homeostasis. It describes some of the common causes and effects of electrolyte imbalances, and the symptoms associated with sodium, potassium, magnesium, chloride, and bicarbonate. This course will boost both knowledge and confidence when assessing patients with electrolyte imbalances.

Course Objectives:

- Explain the role of electrolytes in maintaining homeostasis
- Describe the functions of sodium, potassium, magnesium, chloride, and bicarbonate in the body
- Relate the various electrolyte imbalances with patient assessments and symptoms