

Adult Extremity Assessment

Course Description: This module is a comprehensive guide to extremity assessments, and identifies the special populations that are at risk for skin breakdown, poor peripheral circulation, edema, and decubitus ulcers. It will boost both knowledge and confidence in conducting extremity assessments and providing daily patient care.

Course Objectives:

- Identify the systems that are assessed during extremity assessments
- Describe how mobility and patient-care needs affect extremity assessments
- Discuss the special populations that are at risk for skin breakdown and decubitus ulcers
- Explain how nutrition status and activity relate to extremity assessments
- Discuss peripheral circulation assessments and their relationship to peripheral edema and cast assessments
- Present the indications for using anti-embolic stockings